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FACTORS INFLUENCING THE UPTAKE OF COVID-19 VACCINE

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Abstract

WHO identified this severe form of pneumonia caused by a new corona virus leading to severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) on December 31, 2019 in Wuhan, China. Coronavirus disease 2019 (Covid-19) is a respiratory disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). COVID-19 disease is believed to be transmitted primarily through contact with respiratory droplets produced by infected people, and its clinical manifestations range from asymptomatic cases and mild upper respiratory tract infections, to cases of pneumonia and severe respiratory failure and death. Globally, the new coronavirus has infected nearly 132 million people. Vaccination is an important strategy to control the COVID-19 pandemic. Participants who agreed or strongly believed they had some immunity to COVID-19 were also significantly less likely to accept the vaccine. Participants with a history of vaccine hesitancy for their children were also significantly less likely to accept the COVID-19 vaccine.

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Introduction:-

Corona virus disease-2019(COVID-19) is an emerging public health problem threatening the life of over 2.4 million people globally [1-3]. The WHO identified this severe form of pneumonia caused by a new corona virus leading to severe acute respiratory syndrome corona virus 2 (SARS-CoV-2) on 31 December 2019 in Wuhan, China [5-7]. On March 26, 2020, it was declared as a pandemic disease [8-10]. Coronavirus disease 2019 (COVID-19) is the disease of the respiratory tract caused by the severe acute respiratory syndrome corona virus 2 (SARS-CoV-2) [11-13]. COVID-19 disease is said to be mainly transmitted through contact with respiratory droplets produced by an infected person and its clinical manifestations range from asymptomatic cases and mild upper airway infection, up to severe and fatal cases with pneumonia and acute respiratory failure [14-16].

Globally, the new Corona virus has infected close to 132 million people with more than 2.8 million deaths as of April 7, 2021. In the United States alone, the number of COVID-19 cases surpassed 30.5 million with more than 552,000 deaths. The infections and associated morbidity and mortality continue to increase worldwide with intermittent flare ups even in countries that were assumed to have brought it under control [17-19]. Currently, the WHO reports that COVID-19 deaths in Africa have surged by 40% ever since the virus was reported on the continent on 14 February 2020. This surge comes as Africa is battling new and more contagious variants for which it has geared up its largest-ever vaccination drive [20-21].

Prior to the introduction of the COVID-19 vaccine and effective experimental treatments, countries have been relying on a combination of non-pharmaceutical interventions (NPIs) such as face coverings and physical distancing, and policy measures such as severe restrictions on public gatherings, temporary closure of institutions and work from home (WFH) policies [17].

Uptake of COVID-19 vaccine

According to the Ministry of Health, Uganda aims at vaccinating at least 49.6% of its population (21,936,011) with Oxford University–AstraZeneca COVID-19 vaccine at different phases. Unfortunately, there has been no mass education about this activity and so many people could be living in fear especially after reading about how similar vaccines have been stopped in some countries all over the world [20]. Data on knowledge, attitudes, and practices toward COVID-19 are limited [22], and little is known about acceptance of receiving the vaccine among Ugandans, and reports from the government of Uganda also indicate there is a slow uptake of the COVID-19 vaccine in the country, with only about 400,000 people vaccinated by 10 May 2021 [23].

According to Viswanath et al., (2021), about 65–68% of the sample in their study was willing to get a vaccine for themselves or children. These numbers have improved somewhat in the United States but the vaccine hesitancy among certain sections still remains. The World Health Organization (WHO) reports that immunization programs save 2–3 million lives every year with vaccines to prevent 20 different diseases such as polio, diphtheria, tetanus, smallpox, pertussis, influenza and measles among others. Despite the strong science, and solid health and public health reasons to vaccinate, the proportion of people questioning vaccines, vaccine hesitancy, is an growing threat [17].

Immunization is an important strategy for controlling the COVID-19 pandemic. COVID-19 vaccination was recently launched in Uganda, with prioritization to healthcare workers and high-risk individuals. In their study that aimed to determine the acceptability of COVID-19 vaccine among persons at high risk of COVID-19 morbidity and mortality in Uganda, Bongomin et al. [23] determined that out of a total of 317 participants, 216 (70.1%) participants were willing to accept the COVID-19 vaccine and the odds of willingness to accept COVID-19 vaccination were four times greater if a participant was male compared with if a participant was female. Participants who agreed or strongly believed that they have some immunity against COVID-19 were also significantly less likely to accept the vaccine. Participants who had a history of vaccination hesitancy for their children were also significantly less likely to accept the COVID-19 vaccine.

When Viswanath et al. [17], examined the individual, communication and social determinants associated with vaccine uptake, they noted that about 68% of the participants said that they were ready to get the vaccine for themselves and 65% agreed that they would vaccinate people under their care such as children. The proportion of samples who expressed the likelihood of getting the vaccine themselves was higher than the likelihood of vaccinating people they cared about, for example children.

In a cross-sectional study that was carried out in 1,500 UK adults to investigate factors associated with intention to be vaccinated against COVID-19, 64% of participants reported being very likely to be vaccinated against COVID-19, 27% were unsure, and 9% reported being very unlikely to be vaccinated. Personal and clinical characteristics, previous influenza vaccination, general vaccination beliefs, and beliefs and attitudes about COVID-19 and a COVID-19 vaccination explained 76% of the variance in vaccination intention. Intention to be vaccinated was associated with more positive general COVID-19 vaccination beliefs and attitudes, weaker beliefs that the vaccination would cause side effects or be unsafe, greater perceived information sufficiency to make an informed decision about COVID-19 vaccination, greater perceived risk of COVID-19 to others (but not risk to oneself), older age, and having been vaccinated for influenza last winter (2019/20). Despite uncertainty around the details of a COVID-19 vaccination, most participants reported intending to be vaccinated for COVID-19 [24].

A study conducted to investigate COVID-19 vaccine acceptance across nine Low- and Middle-Income Countries indicated that the prevalence of vaccine acceptance increased from 76.4% (90% effectiveness) to 88.8% (95% effectiveness). Malaysia, Thailand, Bangladesh, and five African countries (Democratic Republic of Congo, Benin, Uganda, Malawi, and Mali) had lower acceptance odds compared to Brazil. Individuals who perceived taking the vaccine as important to protect themselves had the highest acceptance odds at 95% effectiveness [25]. Socio-Demographic Factors Influencing the Uptake of COVID-19 Vaccine

COVID-19 has affected underserved groups- those from lower socioeconomic status, and racial and ethnic minority groups disproportionately compared to other groups [17], and health experts agree that widespread use of safe and effective vaccines will rapidly contain the COVID-19 pandemic.

While examining the extent and determinants of COVID-19 vaccine hesitancy in South Africa, Cooper et al. [26] found that vaccine acceptance, intention and trust varied by certain demographics. For example, participants in the Northern Cape Province had lower rates on all three dimensions (acceptance, intention, and trust) in comparison to other provinces and 83% of participants in an urban suburb area indicated they would get vaccinated compared to between 73% and 78% in other settings. Compared with other employment categories, government and public sector employees had the lowest intent of getting vaccinated (79%), while pensioners had the highest response rate (87%).

In a study aimed at determining socio-demographic factors associated with acceptance of vaccines and clinical trials of COVID-19 in western Uganda, the acceptance rate for COVID-19 vaccination was (53.6%; 572/1067) with those aged 18–20 years, males. Elites at tertiary level of education (degree or diploma), students, Muslims, married, non-salary earners and rural dwellers had better odds and likeliness to accept vaccination. Only 44.6% (476/1067) showed interest in clinical trials among which; males, primary school leavers, students, Christians, unmarried, respondents who didn't earn any salary and rural dwellers had better odds and likelihood to participate in clinical trials [20].

According to Viswanath et al. [17], communities with larger proportions of minority and immigrant populations and blue-collar workers or low wage earners bore the brunt of job losses, lack of access to health care services and information. The data in their study showed a mixed picture. Those with higher education (schooling) were relatively more likely to vaccinate people in their care such as children compared to those with lower schooling. Among racial and ethnic groups, non-Hispanic Blacks were least likely to agree to vaccinate self or people in their care. The data also showed that those who are not working are more likely to get vaccines for themselves and people in their care compared to those who are working. When they examined the data further, the likelihood of vaccinating was higher among retired and student groups.

A study conducted to investigate COVID-19 vaccine acceptance across nine Low- and Middle-Income Countries indicated that vaccine acceptance was positively associated with COVID-19

knowledge, worry/fear regarding COVID-19, higher income, younger age, and testing negative for COVID-19. However, chronic disease and female gender reduced the odds for vaccine acceptance. The main reasons underpinning vaccine refusal were fear of side effects (41.2%) and lack of confidence in vaccine effectiveness (15.1%) [25].

Knowledge, Attitudes and Practices regarding COVID-19 Vaccine

News media are major source of information on health and it is more so in the context of COVID-19 given how new the pathogen is. The fragmentation of mass audience, means that there are many choices for news and these platforms have distinct editorial slants on the nature and threat of the Pandemic as well as effectiveness of public health mitigation measures [27].

Some studies show that the likelihood of getting a COVID-19 vaccine for self and people in their care such as children depends on what groups of platforms serves as “major” source of COVID-19 news. People who relied on mainstream print outlets or newspapers such as the New York Times or the Washington Post or the Wall Street Journal as a major source of COVID-19 news were more likely to vaccinate self and children compared to those who did not rely on such sources. Similarly, people who relied on online media news aggregators such as Google and Yahoo news were more likely to vaccinate self and children compared to those who did not rely on such sources [17].

In their study, Bono et al., (2021) suggest that reasons for vaccine refusal differ according to region. For example, participants from Asian countries (Malaysia, Thailand, and Bangladesh) recorded a high percentage for fear of COVID-19 vaccine side effects. On the other hand, the belief that the COVID-19 vaccine was designed to harm others was endorsed to a great extent in all five African countries.

After their study in South Africa, Cooper et al. [26] concluded that out of the 2844 participants, 34% believed that vaccination could result in serious health side effects, while only 28% were dismissive of this viewpoint. In terms of views about immunity, a larger share of the participants believed that infection-acquired immunity is preferable to vaccine-acquired immunity; 40% agreed with this while 26% disagreed. In relation to vaccine effectiveness, 58% reported that they believe that vaccinations prevent the disease they are intended for, in contrast to 10% who were skeptical about vaccine effectiveness. The percentage of respondents who believed that vaccinations can lead to severe health conditions increased from 28% in March 2020 to 36% in February 2021, while the percentage of people who believed that infection-acquired immunity is preferable to vaccine-acquired immunity increased from 33% to 44%. The public perceptions of the effectiveness of vaccines remained in a relatively positive light during this period, from March 2020 to February 2021.

On the other hand, when Laudisoit et al. [28] analysed community knowledge, confidence, and trust in COVID-19 vaccines among healthcare workers in Uganda, they identified a low level of knowledge, confidence and trust of COVID-19 vaccine. In particular, there were no differences in the knowledge, trust and confidence scores with age. These observations highlight mistrust in the community with regard to COVID-19 vaccines in Uganda. These findings were in agreement with previous studies in Africa. They also found that the least educated, i.e., illiterate and certificate holders, had a higher confidence and trust level in the COVID-19 vaccines than those who had a higher level of education. Findings in the study are in agreement with those from the Democratic Republic of Congo (DRC) in which doctors had a low (27.7%) acceptability for COVID-19 vaccines.

In France, healthcare workers were associated with increased vaccine acceptance, contrary to findings from Uganda and the DRC (resource-limited countries). The study identified knowledge as a barrier, if not well-nuanced and properly explained in the higher educated people. Higher educated people have also more access to internet and hence to the misinformation as well as the real information. Of course, higher education is also associated with the need for greater demand for information about risks and benefits before consent to participate in a trial would be given. This finding may indicate that insufficient information about COVID-19 clinical trials have been given to healthcare workers, and that health professionals do not feel consulted or adequately engaged in trial design and plans [28]. A study conducted to investigate COVID-19 vaccine acceptance across nine Low- and Middle-Income Countries indicated that vaccine acceptance was positively associated with COVID-19 knowledge, worry/fear regarding COVID-19, higher income, younger age, and testing negative for COVID-19 [25].

In a study by Olomofe et al. [29], among respondents who indicated an intent not to get vaccinated, the main reason (34%) was that the vaccines were too new and they preferred to wait and see how it would work on other people. This reason was followed by worries about the possible side effects (21%) and not trusting the government to make sure the vaccine is safe and effective (14%). These three factors accounted for just over two-thirds of all the reasons which respondents gave for not wanting to get vaccinated. Belief that politics had played too much of a role in the COVID-19 vaccine development process and not trusting vaccines in general accounted for 8% and 6% of the reasons respectively.

Investigation carried out by Malesza [30] into potential predictors for the uptake of the COVID-19 vaccination in Poland, showed that predictors for acceptance of the vaccination were: being talked through the importance of the vaccination and potential side-effects by a medical professional; sharing living space with others; having a high-ranking occupation; suffering from chronic illnesses; being able to access medical services by driving or walking rather than using public transport or relying on others. Those who opted not to be vaccinated most frequently justify their decision by saying that they were concerned about the efficacy of the vaccine or that they were worried about side-effects.

Conclusion:-

Most people have the knowledge about Covid-19 vaccine and good attitude toward covid-19 vaccine. Despite the knowledge of COVID-19 vaccine, the uptake of the vaccine has remained low with most people fearing the side effects of the vaccine

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