



Journal home page: <http://www.journalijar.com>

INTERNATIONAL JOURNAL
OF INNOVATIVE AND APPLIED RESEARCH

RESEARCH ARTICLE

Article DOI:10.58538/IJAR/2076

DOI URL: <http://dx.doi.org/10.58538/IJAR/2076>

COMPARATIVE STUDY OF SOCIAL ADJUSTMENT BETWEEN JAMMU AND KASHMIR DIVISION STUDENTS

Miss Ruqia Akhter

Ph.D. Scholar, Sant Gadge Baba Amravati University. (MH)

Manuscript Info

Manuscript History

Received: 01 December 2023

Final Accepted: 14 January 2024

Published: January 2024

Keywords:

*Social Adjustment, Jammu
Division and Kashmir
Division*

Abstract

The main purpose of the study was to find out and compare the Social Adjustment between Kashmir Division and Jammu Division school going students. The subjects for the study were taken 500 in which (250) were from Kashmir Division and (250) were from Jammu Division. The subjects were selected by using simple random sampling method. Social Adjustment was considered as variable for the present study. The Social Adjustment of two divisions was measured through Standard Questionnaire constructed by R.C. Deva which consists of (100 Items). No motivation technique was used while filling the Questionnaire of Social Adjustment by the students of both divisions (Jammu & Kashmir). It was hypothesized that there may be significant difference in Social Adjustment between Kashmir Division and Jammu Division students. After the collection of data from the subjects through the Standard Questionnaire, the data was analysed by using statistical techniques 't' test in order to test the hypothesis. The level of significance was set at 0.05 levels. The analysis of data has been presented and applied in the following order i.e Means, Standard Deviations. The range of scores was calculated and shown in tabular form and graphical form respectively.

*Corresponding Author:-Miss Ruqia Akhter, Ph.D. Scholar, Sant Gadge Baba Amravati University. (MH).

Introduction:**Adjustment:**

An Adjustment is a small change that is made to something such as a machine or a way of doing something such as a machine or a way of doing something. It is a slight change made to something to make it fit, work better, or be more suitable, or the act of making such a change. Adjustment in psychology means the behavioral process by which humans and other animals maintain an equilibrium among their various needs or between their needs and the obstacles of their environments. A sequence of adjustment begins when a need is felt and ends when it is satisfied. Hungry people, for example, are stimulated by their physiological state to seek food. When they eat, they reduce the stimulating condition that impelled them to activity, and they are thereby adjusted to this particular need.

In Unit 13 you have studied about personal adjustment and emotional maturity, and the role of school and the teacher in the process of adjustment. You know that the teacher is the central figure in school and classroom. He/she influences the behaviors of students both directly and indirectly. His/her behaviors can also motivate the students to form groups as well as to break up groups formed on the wrong basis.

Social Adjustment:

Adjustment is a popular expression used by people in day to day life. For example, while Traveling in a bus or a train, we often hear or use this term; even when a guest comes to stay with-us for a few days we have to adjust him/her in our house. Though sometimes we face problems this is the background image for an unknown creator of an OCR page with image plus hidden text. In making these adjustments, they are important to maintain personal as well as social peace Social Adjustment and harmony. Thus adjustment maintains peace and harmony in home, school, and society and in the country. Social adjustment can be defined as a psychological process. It frequently involves coping with new standards and values, in the technical language of psychology, getting along with the members of the society as best as one can is called adjustment.

Social Adjustment is an effort made by an individual to cope with standards, values and needs of a society in order to be accepted. It can be defined as a psychological process.

Methodology:

The study was designed to find out and compare the Social Adjustment between 250 Kashmir Division students and 250 Jammu Division students. The average age of the subject was ranged from 12 to 20 years.

Source of Data:

The researcher took the male subjects for the study. The subjects for the study were selected from the schools of two divisions of Jammu & Kashmir (Kashmir Division and Jammu Division).

Selection of Subjects:

250 school going students from Jammu Division and 250 school going students from Kashmir Division only were being taken as subjects varying in between 12 to 20 years.

Sampling Method:

The subjects were selected by using Simple Random Sampling Method.

Selection of Variable:

Social Adjustment was considered as variable for the present study.

Criteria Measure:

The Social Adjustment of Jammu Division students and Kashmir Division students was measured through the Standard Questionnaire.

Social Adjustment Questionnaire constructed by R. C. Deva consisting of Hundred (100) items was used.

Administration of Questionnaire:

The Standard Questionnaire of Social Adjustment was distributed among the students of different High Schools and Higher Secondaries of both divisions of J&K for the collection of data. No motivation technique was used while fulfilling the Questionnaire by the students. After the collection of data through the Questionnaire the data was analysed by using statistical techniques 't' test in order to test the hypothesis.

Finding of the Study:

Table -1

Comparison of Social Adjustment between Jammu and Kashmir Division Students

Group	Mean	S.D.	M.D.	S.E.	O.T.	T.T.
Jammu Division Students	102.32	14.15	6.56	2.76	2.37	1.64
Kashmir Division Students	95.76	5.32				

Table No 8, reveals that there was difference between mean of Jammu Division and Kashmir Division students because mean of Jammu Division group = 102.32 which is greater than the mean of Kashmir Division group=95.76 so the mean difference where found as 6.56 to check the significant difference between Jammu Division students and Kashmir Division students the data was again analyzed by applying 't' before applying 't' test standard deviation was calculated between Jammu Division students and Kashmir Division students. Where SD of Jammu Division students =14.15 and SD of Kashmir Division students =5.32 and the calculated value of 't' were found 2.37 which is greater than tabulated $t=1.64$ at 0.05 level of significance. This shows that there is significant difference in Jammu and Kashmir Division students.

Graph-1

Showing the Mean Score of Social Adjustment of Jammu and Kashmir Division Students

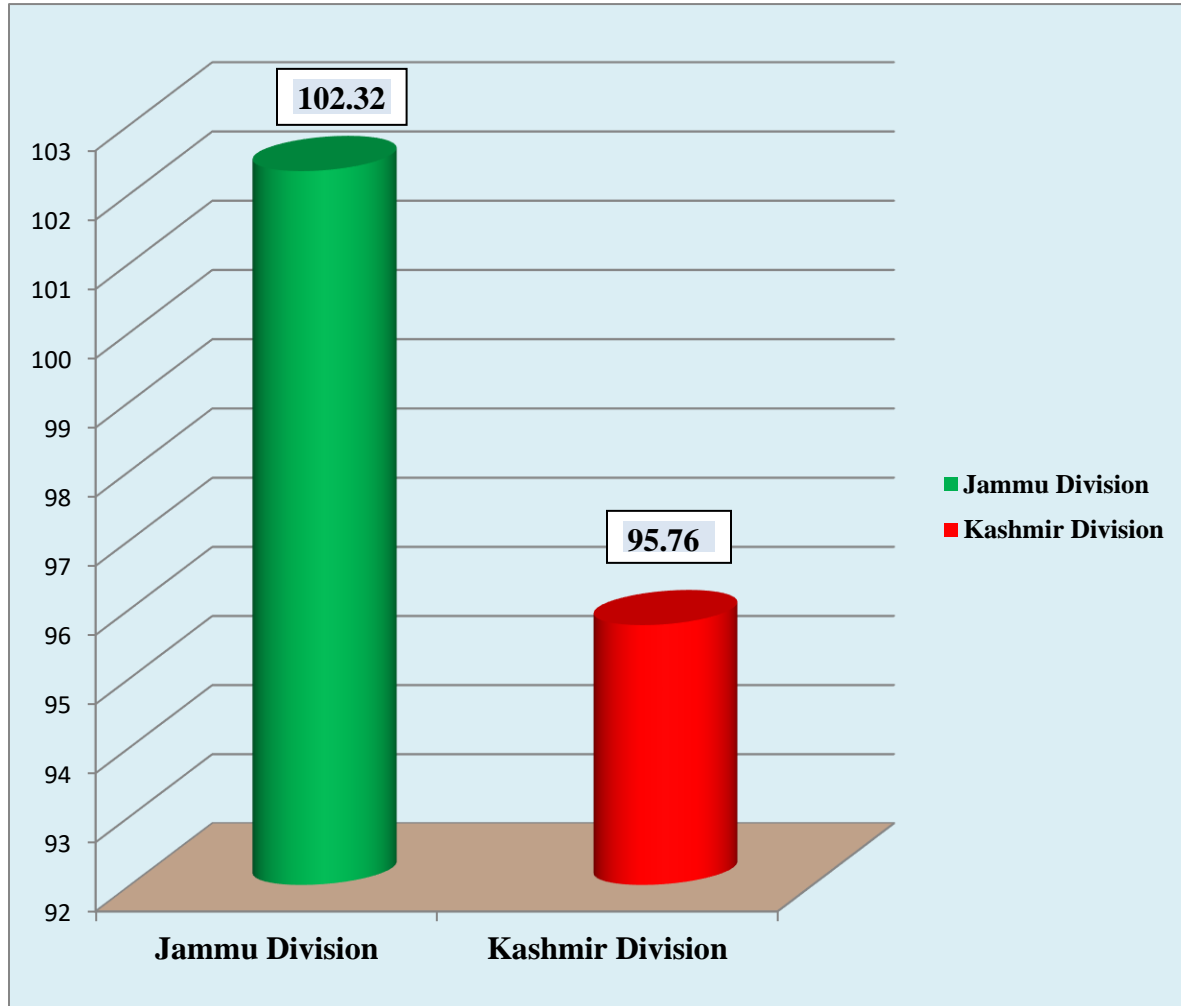


Table-2**Showing the Percentage of Social Adjustment of Jammu and Kashmir Division students**

Social Adjustment	Jammu Division	Kashmir Division
Norms	Percentage	Percentage
Very Poor	26.66%	6.66%
Poor	0.0%	13.33%
Average	26.66%	6.66%
Above Average	13.33%	33.33%
High	33.33%	40%

Conclusion:

Within the limitations of the study and from statistical analysis the following conclusion is drawn.

There was significant difference in Social Adjustment of Jammu Division students and Kashmir Division students. But after analyzing the data again and applying 't' test, the calculated value of 't' were found 2.37 which is greater than tabulated $t=1.64$ at 0.05 level of significance. This shows that there is significant difference in Jammu and Kashmir Division students. Hence the hypothesis given by the researcher is accepted.

References:

1. <http://www.britannica.com/science/adjustment-psychology>.
2. Adams, Joseph J. "Achievement and Social Adjustment of Pupils In Combination Classes Enrolling Pupils Of More Than One Grade Level". *Journal of Educational Research*, Volume: 4, pp. 151-155.
3. *ibid*, p. 206-209.
4. <http://www.scribd.com/doc/48336809/social-adjustment,01-10-2013,16:20>.